

# CAP Nebraska Client Assistance Program **Hotline for Disability Services**

### **Contact the Nebraska Hotline for Disabilities**

Hotline for Disability Services

PO Box 94987 Lincoln, NE 68509

**Phone:** (402) 471-0801 or toll free: 1-800-742-7594

Email: shari.bahensky@nebraska.gov

## STEPHEN CENTER

#### **Description:**

DEDICATED TO HELPING SINGLE MEN AND SINGLE WOMEN OR WOMEN WITH CHILDREN (DO NOT SERVE TEENAGE BOYS) AGES 19 AND UP, FIND SOLUTIONS TO THEIR PROBLEMS FOR THEMSELVES AND THEIR FAMILIES. 90 DAY RESIDENTIAL PROGRAM INCLUDES: BASIC LIFE SKILLS; SELF ESTEEM TRAINING; ANGER MANAGEMENT; ADDICTION RECOVERY; RELAXATION/STRESS MANAGEMENT; SELF DISCIPLINE; GRIEF/LOSS COUNSELING; PARENTING SKILLS TRAINING; EDUCATION (ABE/GED) NUTRITION/COOKING CLASS; BUDGET, TIME/MONEY MANAGEMENT; HEALTHY SEXUALITY AND RELATIONSHIPS; AMAC (ADULTS MOLESTED AS CHILDREN) SUPPORT GROUP DAY SHELTER DO NOT HAVE TO BE A RESIDENT TO PARTICIPATE IN THE PROGRAMS.

#### **Eligibility:**

OPEN TO ANYONE WITHOUT INSURANCE. HOMELESS BUT NEED NOT LIVE HERE TO BE INVOLVED IN HERO PROGRAM OR USE MOBA CLINIC

#### **List of Provided Services:**

Advocacy and Support: Support/Self Help

Counseling and Guidance: Alcohol/Drug Counseling and Guidance, Family/Individual

**Education**: Adult and Continuing Education

Family/Individual Resources: Nutrition/Meals, Parenting Programs

Housing/Residential: Supervised Facilities Medical: Financial Medical, Health Clinics

## **Contact Information:**

Address:

2723 O ST

Omaha NE 68107

Hours of Operation: 6 AM TO 10 PM M-F 7 DAYS A WEEK

Website: stephencenter.org Main Phone: 402-715-5442

Other Phone(s):

**Phone:** 402-715-5471 SHELTER

Fax: 402-731-0838 **Main Email:** Other Email(s):

del.bomberger@stephencenter.org

**Main Contact(s):** 

**STAFF** 

**Other Contact(s):** 

**General Information** 

**Agency ID:** 1059 **Counties Served:** 

Adams, Banner, Blaine, Boone, Box Butte, Boyd, Brown, Buffalo, Burt, Butler, Cass, Cedar, Chase, Cherry, Cheyenne, Clay, Colfax, Cuming, Custer, Dakota, Dawes, Dawson, Deuel, Dixon, Dodge, Douglas, Dundy, Fillmore, Franklin, Frontier, Furnas, Gage, Garden, Garfield, Gosper, Grant, Greeley, Hall, Hamilton, Harlan, Hayes, Hitchcock, Holt, Hooker, Howard, Jefferson, Johnson, Kearney, Keith, Keya Paha, Kimball, Knox, Lancaster, Lincoln, Logan, Loup, Madison, McPherson, Merrick, Morrill, Nance, Nemaha, Nuckolls, Otoe, Pawnee, Perkins, Phelps, Pierce, Platte, Polk, Red Willow, Richardson, Rock, Saline, Sarpy, Saunders, Scotts Bluff, Seward, Sheridan, Sherman, Sioux, Stanton, Thayer, Thomas, Thurston, Valley, Washington, Wayne, Webster, Wheeler, York, Arthur, Antelope

**Ages Served:** Ages 19 and Up

**Disabilities Served:** 

Alcohol/Drug, BIMI (Behavioral Impairment/Mental Illness), Brain Injury/Head Injury, DD (Developmental Disability including ID), Hearing Impairment, LD (Learning Disability), OHI - Other Health Impairment, Orthopedic, Speech Disability, Visual Disability

Wheelchair Accessible: Yes

Fees: YES

Sliding Fee Schedule: Yes Interpreters on Staff: How to Appeal a Decision: NO APPEAL PROCEDURE