

# CAP Nebraska Client Assistance Program **Hotline for Disability Services**

## **Contact the Nebraska Hotline for Disabilities**

Hotline for Disability Services PO Box 94987

Lincoln, NE 68509

**Phone:** (402) 471-0801 or toll free: 1-800-742-7594

Email: shari.bahensky@nebraska.gov

# **YMCA**

### **Description:**

SUMMER HOURS (JUNE-AUGUST)--M-F 5-9; SAT. 8-5, SUN. 12-5. MANY CAMPS AND PROGRAMS ARE AVAILABLE: HEALTH AND FITNESS, AQUATICS, CAMPING, FAMILY, CHILDCARE, COMMUNITY DEVELOPMENT, SPORTS AND TEENS. SERVICES DIRECTED TOWARDS THOSE WHO ARE DISABLED INCLUDE: A THERAPY POOL WHICH HAS STRUCTURED CLASSES FOR THE ELDERLY & DISABLED: A CIRCUIT CARDIOVASCULAR AREA THAT IS ADAPTABLE FOR GENERAL PUBLIC OR DISABLED; SWIMMING LESSONS FOR CAMP SCOTT; FREE-WEIGHT ROOM THAT IS ACCESSIBLE; A SPECIAL NEEDS LOCKER ROOM LOCATED OFF OF THE POOL AREA; A THERAPY POOL WHICH HAS A WHEELCHAIR LIFT; AND WATER EXERCISE CLASSES THAT ARE VERSATILE.

ANYONE CAN JOIN THE YMCA, THOSE THAT CANNOT PAY CAN FILL OUT A FINANCIAL ASSISTANCE FORM.

### **List of Provided Services:**

**Recreation**: Recreation

# **Contact Information:**

Address:

22 SOUTH BELTLINE HWY., EAST

PO BOX 2423

Scottsbluff NE 69363-2423

Hours of Operation: 5-10:00 MON-FRI, 8-6 SAT, NOON-7:00 SUN

Website: www.ymcaofscottsbluff.com

Main Phone: 308-635-2318

Other Phone(s): Fax: 308-635-1260 **Main Email: Main Contact(s):** 

**STAFF** 

**Other Contact(s):** 

### **General Information**

Agency ID: 1065 **Counties Served:** 

Banner, Morrill, Scotts Bluff, Sioux

Ages Served: All Ages **Disabilities Served:** 

Alcohol/Drug, BIMI (Behavioral Impairment/Mental Illness), Brain Injury/Head Injury, DD (Developmental Disability including ID), Hearing Impairment, LD (Learning Disability), OHI - Other Health Impairment, Orthopedic, Speech

Disability, Visual Disability **Wheelchair Accessible: Y**es

**Fees:** \$9 / DAY

Sliding Fee Schedule: Yes Interpreters on Staff: How to Appeal a Decision:

LETTER MUST BE SENT TO THE EXECUTIVE COMMITTEE OF THE BOARD OF DIRECTORS. CONTACT

GORDON SCHAUB