CAP Nebraska Client Assistance Program

**Hotline for Disability Services** 

#### **Contact the Nebraska Hotline for Disabilities**

Hotline for Disability Services PO Box 94987 Lincoln, NE 68509 Phone: (402) 471-0801 or toll free: 1-800-742-7594 Email: shari.bahensky@nebraska.gov

# **OTOE COUNTY RESPITE & COMPANION CARE**

#### **Description:**

VOLUNTEER SENIOR RESPITE AND COMPANION SERVICES. RESPITE VOLUNTEER SERVICES OFFER REST/RELIEF FOR FAMILY CAREGIVERS OF A DEPENDENT ELDERLY FAMILY MEMBERS OR DISABLED IN THEIR HOME. SERVICES INCLUDE LIGHT MEAL PREPARATION, CHEERFUL CONVERSATION, REMINISCING, OR ANY OTHER APPROPRIATE ACTIVITY. THEY ARE AVAILABLE 2-4 HOURS A WEEK. SENIOR COMPANION CARE OFFERS SOCIAL AND EMOTIONAL SUPPORT TO ELDERLY INDIVIDUALS LIVING ALONE, ENABLING THEM TO MAINTAIN THEIR INDEPENDENT LIVING AND SENSE OF WELL-BEING, INDIVIDUALIZE COMPANIONSHIP TIME TO MEET THE NEEDS AND INTERESTS OF THE ELDERLY CLIENT. THIS MIGHT INCLUDE ACCOMPANYING THE CLIENT SHOPPING, TAKING THEM OUT TO EAT OR TO A DOCTOR'S APPOINTMENT, TAKING THEM TO VARIOUS COMMUNITY ACTIVITIES OR SERVING AS A LINK TO VARIOUS COMMUNITY PROGRAMS.

### **Eligibility:**

ANYONE INTERESTED IN SENIOR RESPITE OR COMPANION CARE.

#### **List of Provided Services:**

**Employment**: Volunteer Locator Family/Individual Resources: Attendant Location, Respite care Personal Services: Personal Services

#### **Contact Information:**

Address: THRU HOME Syracuse NE 68446 **Hours of Operation:** Website: Main Phone: 402.269-2894 **Other Phone(s):** Phone: 402.873.9139 Veda-NEBR. CITY **Main Email:** Main Contact(s): BONNIE POST **Other Contact(s):** VEDA BENNETT-NEBR. CITY

#### **General Information**

**Agency ID: 1402 Counties Served:** Otoe Ages Served: All Ages

## **Disabilities Served:**

Alcohol/Drug, BIMI (Behavioral Impairment/Mental Illness), Brain Injury/Head Injury, DD (Developmental Disability including ID), Hearing Impairment, LD (Learning Disability), OHI - Other Health Impairment, Orthopedic, Speech Disability, Visual Disability Wheelchair Accessible: Yes Fees: NONE Sliding Fee Schedule: Yes Interpreters on Staff: How to Appeal a Decision: