



## Nebraska Client Assistance Program

### Hotline for Disability Services

#### **Contact the Nebraska Client Assistance Program**

Hotline for Disability Services

PO Box 94987

Lincoln, NE 68509

**Toll Free Phone:** 1-800-742-7594

**Email:** shari.bahensky@nebraska.gov

### **REGION 5 BEHAVIORAL HEALTH SYSTEMS**

#### **Description:**

SUPPORT TO FAMILIES WITH YOUTH WHO HAVE BEHAVIOR, EMOTIONAL OR SUBSTANCE ABUSE ISSUES, OR ARE AT RISK OF INVOLVEMENT IN THE CHILD WELFARE SYSTEM. DEVELOPED BY FAMILY MEMBERS WHO HAVE EXPERIENCED SIMILAR SITUATIONS AND HAVE FELT A LACK OF SUPPORT AND UNDERSTANDING. GOALS: TO HELP FAMILIES FIND COMMUNITY RESOURCES AND SUPPORTS, CONNECT FAMILIES WITH OTHER FAMILIES WHO HAVE EXPERIENCED SIMILAR SITUATIONS, REDUCE THE LEVEL OF FRUSTRATION AND ANXIETY FAMILIES EXPERIENCE WHEN TRYING TO LOCATE SERVICES AND TO BRING POSITIVE CHANGES TO THE FAMILY. ALSO PROVIDES PARENTING EDUCATION CLASSES.

#### **Eligibility:**

#### **List of Provided Services:**

**Advocacy and Support:** Support/Self Help

**Case Management:** Case Management

**Family/Individual Resources:** Parenting Programs

**Information and Referral:** Information and Referral

**Personal Services:** Personal Services

#### **Contact Information:**

##### **Address:**

1645 N ST.

Lincoln NE 68508

##### **Hours of Operation:**

**Website:** [www.region5systems.net](http://www.region5systems.net)

##### **Other Phone(s):**

**Phone:** 402.441.4343

**Fax:** 402.261.0252

##### **Main Email:**

##### **Other Email(s):**

[hr@region5systems.net](mailto:hr@region5systems.net)

##### **Main Contact(s):**

STAFF

##### **Other Contact(s):**

#### **General Information**

**Agency ID:** 1506

##### **Counties Served:**

Lancaster, York, Thayer, Seward, Saunders, Saline, Richardson, Polk, Pawnee, Otoe, Nemaha, Johnson, Jefferson, Gage, Fillmore, Butler

**Ages Served:** All Ages

**Disabilities Served:**

Alcohol/Drug, BIMl (Behavioral Impairment/Mental Illness), Brain Injury/Head Injury, DD (Developmental Disability including ID), Hearing Impairment, Info Only, LD (Learning Disability), OHI - Other Health Impairment, Orthopedic, Speech Disability, Visual Disability

**Wheelchair Accessible:** Yes

**Fees:**

**Sliding Fee Schedule:** Yes

**Interpreters on Staff:**

**How to Appeal a Decision:**