

# CAP Nebraska Client Assistance Program **Hotline for Disability Services**

## **Contact the Nebraska Hotline for Disabilities**

Hotline for Disability Services PO Box 94987

Lincoln, NE 68509

**Phone:** (402) 471-0801 or toll free: 1-800-742-7594

Email: shari.bahensky@nebraska.gov

## **BLUE VALLEY BEHAVIORAL HEALTH**

#### **Description:**

Blue Valley Behavioral Health (BVBH) is a private nonprofit organization that provides outpatient behavioral health services which includes Outpatient Mental Health, Substance Abuse, Medication Management and Community Support Services. Our mental health staff actively treat both adults and youth who are experiencing a variety of emotional and/or behavioral difficulties. These mental health issues may include depression, anxiety, anger control, family conflict, childhood disorders along with many other behavioral health areas. Counseling will be provided on an individual, family, group and/or marital basis. Medication Management, Strong Ties Family Support Group and Adult Day Treatment (as available) services are also provided. Our substance abuse staff provide treatment to both adults and youth who experience difficulties with alcohol and/or drugs. Treatment is offered on an individual, family and group basis. Substance Abuse Evaluations and Education Groups are also available. Our community support staff provides case management services to adults who are diagnosed with severe and persistent mental illnesses. Providing these services within a Recovery Focused framework helps people attain a successful outcome in their daily living that is both individualized and specific to their own needs.

### **Eligibility:**

### **List of Provided Services:**

#### **Contact Information:**

Address:

3901 NORMAL BLVD, STE 201

Lincoln NE 68506

**Hours of Operation:** 9-5 M-F

Website: bvbh.net

**Main Phone:** 402-261-4017

Other Phone(s): Fax: 402-471-4137 **Main Email: Main Contact(s):** Angela Kaspar **Other Contact(s):** 

# **General Information**

Agency ID: 1591 **Counties Served:** 

Lancaster

**Ages Served:** All Ages **Disabilities Served:** 

Alcohol/Drug, BIMI (Behavioral Impairment/Mental Illness), Brain Injury/Head Injury, DD (Developmental Disability

including ID)

Wheelchair Accessible: Yes

Fees:

Sliding Fee Schedule: Yes Interpreters on Staff: ALL LANGUAGES

How to Appeal a Decision: