

# CAP

## Nebraska Client Assistance Program Hotline for Disability Services

### Contact the Nebraska Hotline for Disabilities

Hotline for Disability Services

PO Box 94987

Lincoln, NE 68509

**Phone:** (402) 471-0801 or toll free: 1-800-742-7594

**Email:** shari.bahensky@nebraska.gov

### ARC OF LINCOLN/LANCASTER COUNTY

#### Description:

INDIVIDUAL/FAMILY SUPPORT SERVICES PROGRAM-PROVIDES SUPPORT TO INDIVIDUALS WITH DEVELOPMENTAL DISABILITIES AND THEIR FAMILIES THROUGH EDUCATION, INFORMATION, ADVOCACY, FAMILY NETWORKING AND SUPPORT PROGRAMS. SIBSHOP PROVIDES SUPPORT FOR SIBLINGS (AGES 8-13) CONSUMER ADVOCACY PROVIDES INDIVIDUALIZED ASSISTANCE. CORPORATE ADVOCACY INCLUDES PUBLIC EDUCATION & INFORMATION, AND MONITORING LEGISLATIVE ACTIVITIES. ARC VACATION PROGRAM COORDINATES TRIPS FOR PEOPLE WITH DEVELOPMENTAL DISABILITIES. VACATIONERS PAY FOR THE TRIP OF THEIR CHOICE, WITH TRAINED ESCORTS PROVIDING ASSISTANCE AT A 1:3 RATIO. FUTURE PLANNING ASSISTS FAMILIES WITH PRESENT AND FUTURE NEEDS OF THEIR FAMILY MEMBER. RESPITE LISTINGS, ACCESSIBILITY INFORMATION. SPONSOR FOR PEOPLE FIRST. SUPPORT GROUPS, I & R. ANSWERING MACHINE AVAILABLE DURING NON-WORKING HOURS.

#### Eligibility:

ANY PERSON WITH INTELLECTUAL DISABILITIES, OR THEIR PARENTS OR FAMILY MEMBERS ARE ELIGIBLE FOR PARTICIPATION IN ARC OF LINCOLN PROGRAMS. INDIVIDUALS WITH OTHER ASSOCIATED DEVELOPMENTAL DISABILITIES ARE ALSO SERVED BY OUR PROGRAMS. INTERESTED COMMUNITY CITIZENS, AGENCIES, ETC., MAY REQUEST INFORMATION AND CONTACTS/ REFERRALS.

#### List of Provided Services:

**Accessibility:** Accessibility Information/Service

**Advocacy and Support:** Protection and Advocacy, Support/Self Help

**Family/Individual Resources:** Respite Locators

**Information and Referral:** Information and Referral

**Personal Services:** Personal Services

**Recreation:** Recreation

#### Contact Information:

##### Address:

5730 R SUITE C2

Lincoln NE 68505

**Hours of Operation:** 8:00 TO 5:00 MONDAY-FRIDAY

**Website:** [www.arclincoln.org](http://www.arclincoln.org)

**Main Phone:** 402-421-8866

**Other Phone(s):**

**Fax:** 402-421-8922

**Main Email:** [info@arclincoln.org](mailto:info@arclincoln.org)

**Main Contact(s):**

ADAM FESER

**Other Contact(s):**

**General Information**

**Agency ID:** 609

**Counties Served:**

Lancaster

**Ages Served:** All Ages

**Disabilities Served:**

DD (Developmental Disability including ID)

**Wheelchair Accessible:** Yes

**Fees:** NO CHARGE

**Sliding Fee Schedule:** Yes

**Interpreters on Staff:**

Hearing Impaired

**How to Appeal a Decision:**

CONTACT EXECUTIVE DIRECTOR AND THEN CONTACT THE EXECUTIVE COMMITTEE